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CRITICAL THINKING TRAINING

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COURSE LENGTH: 2.0 DAYS

Critical thinking involves a number of processes including identifying and evaluating specific situations, being aware of any contributing circumstances and the potential results of your actions or plans. To think critically, it is important to evaluate various perspectives (yours and others) to identify the resources available to you and evaluate the short and long-term effects of taking a particular action.

The PD Training Critical Thinking Training Course, delivered in Hong Kong, provides training in identifying support structures, perspectives and arguments and how to critically evaluate the advantages and the disadvantages of a proposed plan or an action, so that the right decisions can be made the first time. Learn the difference between left brain and right brain thinking, removing the emotions from decision making, evaluating both sides of an argument and critical questioning skills.

This powerful professional development training course is delivered throughout Hong Kong.

Please click the In-House Training tab to receive a free quote for courses delivered at your preferred location.

CRITICAL THINKING TRAINING COURSE OUTLINE

FOREWORD

In this course by PD Training, you will get hands-on experience with a wide range of practical tools to help you make critical thinking an indispensable part of your skill set and management style. You'll learn things about yourself that you didn't know and make internal, personal discoveries that can literally change the way you think about and approach your life.

Instead of concentrating on far out theories, you will be working with an expert instructor to get comfortable with a concrete set of tools. After practising things like left brain and right brain thinking patterns, asking probing questions and analysing potential outcomes, you'll be prepared to to benefit from your new critical thinking skills immediately.

OUTCOMES

After completing this course participants will be able to:

- Explore real-world examples of why critical thinking is so important in business
- Learn to use critical thinking skills when making business decisions
- Choose the right techniques to recognise assumptions and draw conclusions
- Translate an abstract idea into something tangible
- Minimise the impact of job pressures on your thinking processes
- React with curiosity instead of emotion
- Get a roadmap for developing your critical thinking skills

MODULES

Lesson 1: Course Overview

Introduction

Lesson 2: Introduction to Critical Thinking

- Benefits of critical thinking in the workplace
- Critical thinking as a management skill
- What are the characteristics of a critical thinker?
- Module Reflection

Lesson 3: Other Types of Thinking

- 5 Different thinking styles
- Module Reflection

Lesson 4: A Critical Thinker's Mindset

- Can you develop a critical thinker's mindset?
- Module Reflection

Lesson 5: The Critical Thinking Process

• Step 1 - Identifying the problem

Lesson 6: Developing Critical Thinking Skills

Asking questions

- Step 2 Gather and evaluate your information
- Step 3 Generate alternative solutions
- Step 4 Select and implement a solution
- Step 5 Evaluate your solution
- Reflection

- Active listening
- Challenging assumptions
- Module Reflection

Lesson 7: Creative Thinking Techniques

- Brainstorming
- Imagining the opposite
- Mind mapping
- De Bono's thinking hats
- Module Reflection

Lesson 9: Using Your REACH Profile to Support Critical Thinking

- Adapting your profile
- Module Reflection

Lesson 8: Root Cause Analysis Techniques

- Identifying the cause of a problem
- Ishikawa Diagram (Fishbone Diagram)
- 5 Whys technique
- SWOT analysis
- Module Reflection

Lesson 10: Presenting Your Recommendations

- Seeking approval from decision makers and stakeholders
- Module Reflection

WEB LINKS

- View this course online
- ➢ <u>In-house Training Instant Quote</u>