



PROFESSIONAL  
DEVELOPMENT  
TRAINING

# Building High Performance Teams Training



5808 8521



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1.0 DAY COURSE

High performance teams require a team leader who is aware of the various tools needed when bringing together a group of energetic but differing types of personalities. Effective team leaders use a variety of techniques and skills for building high performance teams.

This Building High Performance Teams training course from PD Training helps team leaders gain important knowledge and tools for building high performance teams. It takes a comprehensive look at how to identify different types of teams, recognize and interpret the five stages of team development, inspire and motivate team members, develop strategies for dealing with team conflict and common problems and many more!

This training course is now available in Hong Kong.

This Building High Performance Teams training course can be delivered at your premises by one of our expert local or international trainers or live online using our [HIVE](#) technology.

Click on the In-house tab below to generate an instant quote.

## What You'll Gain:

Success as a manager heavily depends on how well a team operates and what kind of results it achieves. Is your team able to solve problems? Can they resolve conflict? Are they enthusiastic and motivated to do their best? Do they work well together?

This training course in building high performance teams provides managers help in developing their team leadership skills and unleash the talent of each individual team member.

## Outcomes

This training course in building high performance teams is the fastest way to gain a comprehensive understanding of all essential features of effective team building, and gain skills in using them expertly in building perfect teams.



### After completing this course, participants will have learned to:

- Identify different types of teams
- Recognize and interpret the five stages of team development
- Establish team norms
- Inspire and motivate team members
- Build teamwork by applying the twelve characteristics of an effective team
- Promote trust and rapport by exploring your team player style, and find how it impacts group dynamics
- Recognize the key elements that move a team from involvement to empowerment, and give these elements to your team
- Develop strategies for dealing with team conflict and common problems
- Build teams using TORI
- Develop a good team player
- Communicate effectively
- Engage in active listening
- Build consensus through understanding

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## Modules

### Lesson 1: Course Overview

- Welcome & Introduction
- Workshop Objectives
- Types of Teams

### Lesson 2: Team Player Types

- Inquiring Rationals
- Authentic Idealists
- Organized Guardians
- Resourceful Artisans
- The Trust/Relationship Model

### Lesson 3: Tuckman's Five Stages of Team Development

- Forming
- Storming
- Norming
- Performing
- Adjourning

### Lesson 4: Creative Thinking

- Brainstorming
- Brainwriting
- Mindmapping
- Six Thinking Hats

### Lesson 5: Characteristics of Great Teams (I)

- Clear Purpose
- Informality
- Participation

### Lesson 6: Solving Problems

- Problem Identification
- Decision Making
- Planning & Organizing



- Listening

#### Lesson 7: Characteristics of Great Teams (II)

- Civilized Disagreements
- Consensus Decisions
- Open Communication
- Clear Roles & Work Assignments

#### Lesson 9: Characteristics of Great Teams (III)

- Shared Leadership
- External Relations
- Style Diversity
- Self-Assessment

#### Lesson 8: Team Planning Tools

- SWOT Analysis
- Planning Tools
- Improvement Plans

#### Lesson 10: Workshop Wrap Up

- Workshop Review
- Team Action Plans

Talk to our expert team

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