



PROFESSIONAL  
DEVELOPMENT  
TRAINING

# Leadership Development Training



5808 8521



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2.0 DAY COURSE

*Leaders are made, they are not born. They are made by hard effort, which is the price which all of us must pay to achieve any goal that is worthwhile. -Vince Lombardi*

Good leaders are individuals who are confident and passionate about any work they handle and do while inspiring others as well. Great leaders have effective leadership skills and are always prepared to face the several hurdles of today's business world. These leaders are not actually born leaders; they are made through hard effort of studying, attending seminars and training then applying what they have learned to their organizations.

PD Training offers Leadership training course to develop the leadership qualities in every individual. This course is not a one-size-fits all approach; our trainers will work with you to put forward customized training resources. This course helps participants to fulfill their potential through helpful leadership skills training in fields including decision-making, strategic planning, team building and a whole lot more. This course teaches useful insights that are proven to function effectively in a real work setting.

This dynamic training course is available now throughout Hong Kong, including Central.

This Leadership training course can be delivered at your premises by one of our expert local or international trainers or live online using our HIVE technology.

Contact us today for a quote.

## What You'll Gain:

Leadership Development Training has a place of great importance in today's world as leaders are viewed as evolved rather than born. Leaders have been traditionally viewed as "mythological creatures", separate from the rest of humanity and empowered by some mysterious quality that smoothes their path towards inevitable success. However, the modern view is that through patience, persistence and hard work, therefore anyone can become a highly effective leader. The onus is on oneself to believe and make it happen. That is the reason Executive Leadership Training is so highly sought after by all successful companies.

Leadership development comes from within us, in the sense that deeply held values and principles provide the road map for the way we lead, and the way other people respond.



Hence it is important that a Leader must first understand and then communicate one's own value systems to other people. It is always the Leader's personal value system that sustains them in their quest, whether they are a person of impeccable morals, or quite disreputable. Hence this is an integral part of management training as it is of critical importance to have self-awareness to lead and manage other people.

The role of a leader starts with a thorough understanding of the team's needs, aspirations and concerns, for which it is important to have excellent listening and facilitation skills.

This Leadership and Influencing Skills Training Program will teach you that effective leadership starts with a thorough understanding and congruence of the value systems of all parties.

## Outcomes

### Leadership Training - Day 1

- Understand the role of a leader, their traits, how are they different to a manager
- Look beyond the common leadership stereotypes
- Learn how your personality traits interact with your leadership styles
- Understand what Leading with Emotional Intelligence (EI) is and choosing the best approach
- Understand and Apply Situational Leadership
- Understand and apply the 5 practices of exemplary leadership
- Increase the performance of your team through developing team spirit

### Leadership Training - Day 2

- Get the most out of your team by understanding the generational differences
- Influence with passion and empower others to act by using rapport building techniques
- Use creative problem-solving & decision-making methods
- Improve your coaching and mentoring skills
- Give feedback to inspire greater performance with engagement and buy-in
- Identify and apply strategies to manage underperforming members of the team

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## Modules



### **Lesson 1: Getting Started**

- Expectations
- Defining Leadership and Influence
- Activity: Did It Work?
- Leading and Managing
- Activity: Do you Manage or Lead?
- Activity: Characteristics of a Leader
- Activity: Developing Leadership Qualities
- Reflection

### **Lesson 3: Leading with Emotional Intelligence**

- Activity: Do I Lead with Emotional Intelligence?
- Relationship Management and Influence
- Activity: Influencing Positively
- Activity: Creating a Climate for Emotional Honesty

### **Lesson 5: Trust**

- Activity: Does Trust Matter?
- Building Trust - the Four Cs
- Trust in My Team
- Activity: Taking a Trust Pulse
- Elements of Trust

### **Lesson 7: Influencing Skills**

- The Art of Persuasion
- Activity: Ethos, Pathos & Logos in Ads
- The Principles of Influence
- Activity: Applying Cialdini's Principles of Influence
- Influence by Rapport
- Activity: Identifying Rapport Experiences
- Bridging the Gap
- When to Mirror?
- Watching and Listening
- Pacing and Leading
- Activity: Practising Rapport

### **Lesson 2: Your Personality Style and Leadership**

- REACH Profile Review
- Personal Style Markers
- Activity: Achieving Dimensions
- Activity: Relating Dimensions
- Activity: Profile Interactions

### **Lesson 4: Leadership Flexibility**

- Situational Leadership
- Activity: Leadership Styles Displayed
- Activity: Matching Leadership Style to Development Level

### **Lesson 6: Encouraging Teamwork**

- Lessons from Geese
- The 5 Dysfunctions of a Team
- Activity: Are We Susceptible?
- Activity: Overcoming Dysfunction
- Activity: Developing Team Spirit

### **Lesson 8: Problem Solving and Decision Making**

- Define the Terms
- Activity: REACH and Decision Making
- The Problem Solving Process
- Defining the Problem
- 5 Whys
- Appreciation
- Cause and Effect (Fishbone) Diagrams
- Activity: Fishbone
- Generating Alternatives
- Evaluate & Select a Solution
- Activity: Applying the Six Thinking Hats



- Implement and Follow Up on Solution
- Activity: Implementing ABC's Solution

#### **Lesson 9: Coaching and Mentoring**

- Coaching Vs Mentoring
- The GROW Model
- Benefits of Setting Goals
- Setting SMART Goals
- Activity: Run a Coaching Session

#### **Lesson 10: Feedback**

- Four Key Areas
- Activity: Being Focused
- The Feedback Sandwich!
- Try a Feedback Sandwich
- Feedback Framing Tool - SSI
- Activity: Practice Giving Feedback
- Seeking Feedback

#### **Lesson 11: Managing Performance**

- Common Performance Issues
- Taking Initial Action
- Accountability Vs Responsibility
- Stop, Look, Listen
- Activity: Causes and Solutions to Weak Accountability

**Talk to our expert team**

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