



PROFESSIONAL  
DEVELOPMENT  
TRAINING

# Team Building Training



5808 8521



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1.0 DAY COURSE

Any team in Hong Kong needs to work in a unified, solid and well-planned manner to guarantee the success of a project. Team building and teamwork are two essential elements in the success of any business plan. A company is only as strong as its staff, so creating cohesive teams will help you to determine your success.

This Team Building training course from PD Training is designed to assist the participants develop their team working skills. This course will help the team identify a common goal; know how to work jointly as a team and build an understanding of the necessary etiquette to boost team performance. If you are a team leader, this course is essential!

This dynamic training course is available now throughout Hong Kong. This Team Building training course can be delivered at your premises by one of our expert local or international trainers or live online using our HIVE technology.

For onsite training at your location, please click on the Group Training Quote button, or contact us today for a free personalised quote!

## What You'll Gain:

An increasing number of organisations in Hong Kong are relying on various types of teams – project teams, product development teams, virtual teams, and autonomous working teams, to compete in a rapidly changing domestic and global market. The reason for this is the ability of teams to perform at high levels and adapt quickly to escalating demands. Hence, in today's professional environment, more than ever, there is great emphasis placed on team leadership skills, team communication skills and team management styles.

Team effectiveness is enhanced by a team's commitment to reflect and perform on-going evaluation of their progress. In addition to evaluating accomplishments in terms of meeting specific goals, for teams to be high-performing, it is essential for them to understand their development as a team.

Hence team members need to constantly sharpen their skills as team initiatives often fail due to improper implementation, conflict and competition. Team Leadership Skills are essential to maintain development and cohesion in the group.

This Team Leadership Training Program will help arm Team Leaders with the skills to create and maintain successful teams.



# Outcomes

**After completing this course, participants will:**

- Learn to identify the different types of teams & develop different strategies for leading them
- Recognise the different team development stages and behaviours
- Master techniques to manage teams at each stage of development known as Forming, Storming, Norming, Performing & Adjourning
- Develop a range of great team building activities
- Gain strategies & techniques to ensure effective & productive team meetings
- Develop great team problem solving & facilitation skills
- Learn techniques to foster teamwork & create a supportive team culture

# Modules

## Lesson 1: Getting Started

- Workshop Objectives

## Lesson 2: Defining Success

- What is a team?
- Factors for success
- An overview of Tuckman and Jensen's Four-Phase Model

## Lesson 3: Types of Teams

- The traditional team
- Self-Direct teams
- E-Teams

## Lesson 4: The First Stage of Team Development - Forming

- The Hallmarks of this stage
- What to do as a leader
- What to do as a follower

## Lesson 5: The Second Stage of Team Development - Storming

- The Hallmarks of this stage
- What to do as a leader
- What to do as a follower

## Lesson 6: The Third Stage of Team Development - Norming

- The hallmarks of this stage
- What to do as a leader
- What to do as a follower

## Lesson 7: The Fourth Stage of Team Development - Performing

- The Hallmarks of this stage

## Lesson 8: Team Building Activities

- The benefits and disadvantages



- What to do as a leader
- What to do as a follower

- Team building activities that won't make people cringe
- Choosing a location for team building

### Lesson 9: Making the Most of Team Meetings

- Setting the time and place
- Try the 50-Minute meeting
- Using celebrations of all sizes

### Lesson 11: Encouraging Teamwork

- Some things to do
- Some things to avoid
- Some things to consider

### Lesson 10: Solving Problems as a Team

- The Six Thinking Hats
- Encouraging brainstorming
- Building consensus

### Lesson 12: Wrapping Up

- Words from the Wise
- Action Plans

Talk to our expert team

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